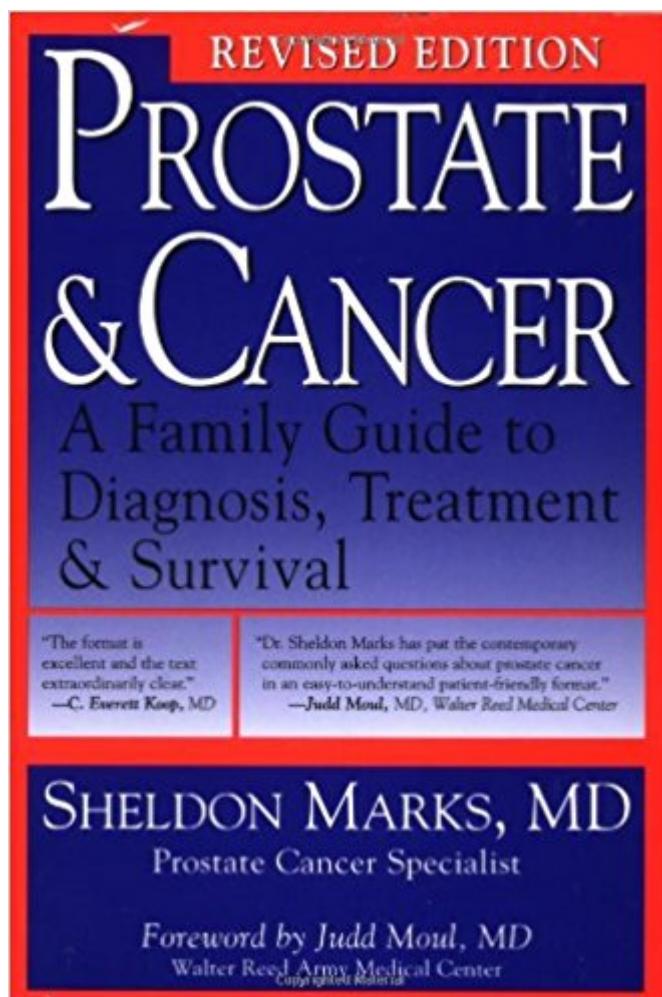


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# Prostate & Cancer Revised: A Family Guide To Diagnosis, Treatment, And Survival



## Synopsis

In this book, the author gives step-by-step instructions, accompanied by photos, for dozens of exercises that address the specific concerns of women. Along with chapters on stress relief, aging, and physical toning, he includes information on female sexuality, osteoporosis, menstrual difficulties, and problems related to pregnancy.

## Book Information

Paperback: 360 pages

Publisher: Da Capo Press; Revised edition (February 21, 2000)

Language: English

ISBN-10: 1555612628

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Product Dimensions: 9 x 6 x 0.9 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 3.6 out of 5 stars 12 customer reviews

Best Sellers Rank: #893,844 in Books (See Top 100 in Books) #74 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Prostate Disease #88 in Books > Health, Fitness & Dieting > Men's Health > Prostate Health #31350 in Books > Parenting & Relationships

## Customer Reviews

Sheldon Marks, M.D., is a board-certified urologist and specialist in urologic oncologythe treatment of prostate cancer. He received his urology training at Tufts University and New England Medical Center, and surgery training at the Mayo Clinic. Former president of both the Arizona Urological Society and the Southern Arizona Chapter of the American Cancer Society, Marks serves on many professional committees dealing with prostate cancer. He writes and lectures regularly on prostate cancer, urinary incontinence, vasectomy reversals and related topics at national conferences and hospitals.

This book is helpful in understanding the basics of prostate cancer. Unfortunately it is also out of date and lacking the newest treatments and solutions to additional therapies that are now offered. If you need a basic understanding of prostate cancer it is a good starting point for reference. However, you need to do much additional research online to get a true understanding of the treatment options available to you.

Fine for what it concerned. Never a happy subject but some helpful info.

format was easy to read answered just about every question i could have possibly had .i was much better informed on this subject , then when i left the doctors office after the brief visit explaining my condition.this was the most importent book i have ever read and was invaluable .thank you

Dr.Marks

Excellent reading material.

1999 edition, not the current 2009 edition, should not be sold by anyone, and should not be purchased by anyone looking for current information on prostate cancer. Returned and had to purchase new edition locally.

This book provides great insight into understanding the prostate and cancer. It gives insight into the treatment options and the pros and cons of the various options.

I was introduced to this book after I had had a radical psostatectomy and spent countless hours researching the internet. I wish I could have read it early on in my diagnosis and treatment. The book is well organized, clearly written in terms that a layman can readily understand. The layout and chapter arrangement is logical and there is even an appendix listing useful internet web sites.

This is a wonderful resource for all men aged 50 and over, whether or not you have been diagnosed with prostate cancer. It is organized in a very logical format, from normal male anatomy and physiology to the problems men have which are "benign" and then goes into the entire work-up, diagnosis, treatment and survival options for men with prostate cancer. It has an unbelievable index and is filled with useful information for finding a physician that will listen to your needs and wishes. I especially liked the chapter on diet and nutrition. The entire book is easy to read and understand and is surprisingly positive and hopeful. I was fortunate to receive this book from my doctor, but I am buying and recommending them for everyone I know, now.

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(Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly Prevent Cancer (Cancer,Cancer Prevention,Cancer Cure,Coping With Cancer,Cancer Books,Breast ... Cancer,Leukemia,Colon Cancer,Skin Cancer) Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung ... Cure,Prostate Cancer,Cancer Prevention) Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17 (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention) Alternative Cancer Therapies (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) (Alternative Medicine Book 1) Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) Healthy Prostate: The Extensive Guide to Prevent and Heal Prostate Problems Including Prostate Cancer, BPH Enlarged Prostate and Prostat Healthy Prostate: The Extensive Guide To Prevent and Heal Prostate Problems Including Prostate Cancer, BPH Enlarged Prostate and Prostatitis The Prostate Health Diet: What to Eat to Prevent and Heal Prostate Problems Including Prostate Cancer, BPH Enlarged Prostate and Prostatitis Cancer: Taboo Cancer Cures 6 Impressive and Secret Cancer Cures that Most People do not know about (Cancer, Cancer Cures, Yoga, Cancer Treatments, Cancer Medicine, Cancer Patient Book 1) Prostate & Cancer Revised: A Family Guide To Diagnosis, Treatment, And Survival Prostate Problems Home Remedies, How To Fight Prostate Problems At Home, Get Rid Of Prostate Problems Fast!: Back On Track - Fighting Prostate Problems At Home The Cancer Cure Diet: The Complete Cookbook of 20 Cancer Diet Recipes That Work And Why (Cancer Cure, Cancer Nutrition and Healing, Cancer Prevention, ... Cancer Diet Guide, Cancer Recipe Books) Prostate and Cancer: A Family Guide to Diagnosis, Treatment, and Survival Winning The Cancer Battle: Nutritional Help for Breast Cancer, Prostate Cancer, Intestinal Cancer, Vaginal Cancer, and Various Other Cancers Program 120 Male Handbook A: Guide to Prevent Heart Attack, Stroke, Cancer, Prostate Cancer, Colon Cancer, Lung Cancer, Diabetes, Osteoporosis, Dementia, ... Medicine Patient Handbook for Males) Survival: Survival Guide: Survival Skills, Survival Tools, & Survival Tactics. Emergency Prepping, & Surving A Disaster! (First Aid, Survival Skills, Emergency ... Medicine, Bushcraft, Home Defense Book 1) Eat to Beat Prostate Cancer Cookbook: Everyday Food for Men Battling Prostate Cancer, and for Their Families and Friends Prostate Cancer Prevention Diet Book: What to Eat to Prevent and Heal Prostate Cancer

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